
Elite Life Mastery Secrets

**Unleash Your Intuition, Reclaim Your
Power and Take Charge of Your Life**

*Hosted by Natalie Rose
September 2016*

- Premium Guidebook -

Welcome

Congratulations! You have taken a great step toward living the life of your dreams. In this Guidebook, you will find information on all of our expert partners, details about each interview, and extra resources to continue your personal growth.

Take advantage of the “Notes” section to jot down what resonates with you. Most importantly, enjoy the series and we hope that you learn a lot!

Alex Echols



Congruency is King

Alex shares his path to success from being raised in the South side of Chicago to becoming a best-selling author. You will hear that he is passionate, inspiring, driven, consistent, and has a great handle on what it takes to master life. His keys to success are:

- *Authenticity and congruency*
- *Promote self-care and self-awareness by developing and sticking to a morning routine*
- *Learn from others who have come before you. Get support through mentors!*

Ranging from his work with solopreneurs all the way to major Hollywood studios, Alex has helped build several 6-figure and multi-million dollar brands all focused around one central idea: adding more value and fun into the consumer's life. As a best-selling author and rising speaker, he hopes to inspire millions throughout the world to use the vehicles of personal development and entrepreneurship to push the world forward.

Notes

- AlexEchols.com -

Free
GIFT

The Only Way to Sell: 10x Your Earnings by Making this Simple Change to Your Sales Approach

eBook

www.alexechols.com/go/elite-life-summit/

Alison Armstrong

Embody the Queen in All of Us

Alison shares her insights from studying the fundamental differences in the way men and women think, act and communicate. You can learn:

- *What men cherish in women and how women squash it*
- *Importance of finding what satisfies your needs, or “fills your tanks”*
- *The more that we feed our soul, the more we have to give to others*

- UnderstandMen.com -

Alison Armstrong, author, educator, and creator of the widely acclaimed "Queen's Code" workshop series, asks the question: "What if no one is misbehaving -- including you?" She explores the good reasons behind the behavior of men and women such as fundamental differences in the ways we think, act and communicate. She offers simple, partnership-based, solutions to improve our communication and intimacy by honoring ourselves and others. She's known for her insight, sense of humor and ability to articulate the human experience and predicament of gender.

Notes



Alison's Work
Variety of free resources

www.understandmen.com/free/

Ally Loprete

Living Your Fast Paced Life with EASE and FLOW

Ally has created an abundance of opportunity for parents who are seeking alternatives. Ally shares:

- *The importance of being in alignment*
- *How changing our awareness of a past experience changes our perception*
- *Why we should embrace the awful times and look for the gift in everything*

Notes

Nationally recognized as a vibrant a dynamic public speaker, Ally hosts a radio program on iHeart America’s Talk Radio with more than 6 million listeners. She is the newest talk show host to join the line up of the second season of Wake Up on broadcast television. On her weekly program, This Little Parent Stayed Home, Ally has been diligently chipping away at her mission to bring one million parents home through self-employment and entrepreneurship. Known for her hilarious “rants” real life business strategies and infectious energy, it is on her weekly live show that she is able to help challenged career parents deal with the sometimes overwhelming prospect of starting a new business while still running a household, and creating a haven in which parents across the nation will continue to thrive and get the support they need in their personal journeys.

- ThisLittleParent.com -



Free
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The Art of Alignment
eBook

<http://allyloprete.com/free-gift-the-art-of-alignment-ebook-2/>

Allyson Chavez

Allyson Chavez is a personal success mentor and the creator of Miracle Academy. She merges the power of manifesting with practical steps so you can create miracles in your life. Allyson works with heart-centered individuals who wrestle with the challenges of manifesting correctly to rewrite their conscious AND subconscious programming, so they can start creating the life they want with simplicity and flow. This will help them to directly master their thoughts, so they can easily let go of fear and doubt and hold the higher vibrations necessary to create not only daily, but the life changing miracles they desire.



How to Create Miracles

In her warm, bright, and engaging style Allyson offers her inspiring insights, helping you to see that miracles are possible! Listen for:

- *Her practical 3-step process to create powerful miracles in your own life*
- *How to shift your focus and attention to facilitate miracle attraction*
- *The fastest way to connect you to your miracles*

- AllysonChavez.com -

Notes

Pocketful of Miracles
Inspirational Message Series

FREE GIFT

<http://allysonchavez.com/pocketful-of-miracles>

Ann Webb

Manifesting A Meaningful Life

Ann shares her journey from poverty to earning seven figures in just three years. You can discover:

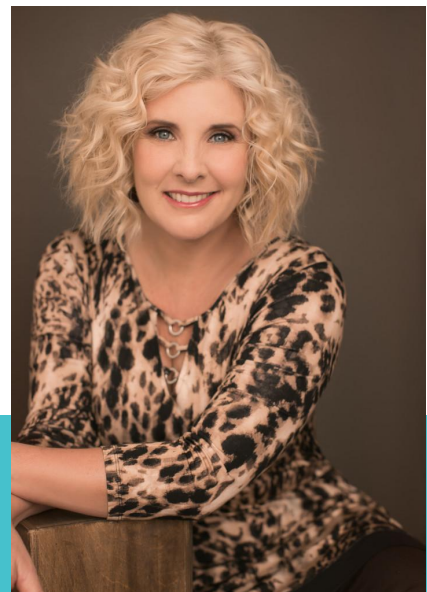
- *How thousands have successfully manifest their ideal life with Ann's guidance*
- *Learn how your brain affects your ability to create your ideal life and how you can train it to support your dreams*

Notes

Ann is the author and creator of “Creating Your Ideal LifeVision”, a revolutionary Home Study Course that has helped thousands of people start living their Ideal Life! She is best known as “The LifeVision Expert” and has coached thousands of successful entrepreneurs and network marketers in getting crystal clear in both their business and personal visions resulting in more money, better relationships, and improved health & fitness.

She also certifies Life and Business coaches to use Ideal LifeVision as a tool and process in their own businesses. Ann is also the President of Global LifeVision, a humanitarian outreach program that involves facilitating adventures for those that want to serve and make a difference in developing countries. She regularly takes expeditions to teach, train and serve in Africa and India!

- IdealLifeVision.com -



FREE
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***The Doorway to Your Ideal Life! An introduction
to creating your Ideal LifeVision
eBook***
<http://ideallifevision.com/freestuff/>

Ashe Woodward

Ashe Woodward is a success and mindset coach working mainly with GenXers and Millennials. She's been a leader in self-development, hypnosis and energy healing for almost a decade.

Ashe's main goal is to educate and empower everyone to see adulthood in a new light. HOur time in our 30s is the peak time to move past old blocks or habits to achieve outrageous goals for the future.

In her coaching and workshops Ashe teaches clients proven strategies for moving past negative blocks that show up when life gets complicated and may be keeping us from total fulfillment and abundance.

Notes

Is This Still What I Really Want?: The Importance of Checking In With Your Inner Voice

Ashe explains her mission of empowering people to look within for their own wisdom, experience and skills. You will learn:

- *How a creative outlet can help you facilitate self-reflection*
- *What to do when you don't get what you thought you wanted*
- *Proven techniques to navigate adulthood, without denying your true nature*

- AsheWoodward.com -



Free
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*Do-Over: How to Redesign Your Life to Get
What You Really Want*
eBook
<http://redesignyourlifednld.pagedemo.co/>

Ashley Leavy

- LoveAndLightHealingSchool.com -

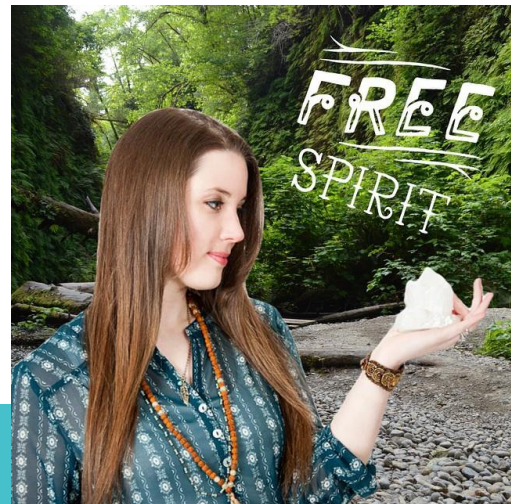
Your Practical Guide to Inner Guidance

Ashley shares her passion for helping alternative practitioners successfully balance their business, life and self-care to help others flourish as well. You will learn:

- *The secret to getting past your fear, so it doesn't stop you from taking action*
- *How to listen to your own inner guidance when you face expectations and disapproval from others*
- *Her key to success - a mentor, at least one!*

Ashley Leavy is the crystal healing instructor, as well as the founder and Educational Director of the Love & Light School of Energy Medicine. Teaching others about crystals is Ashley's passion and her purpose. She loves helping alternative practitioners learn great techniques for self-healing and care, how to be of service to others, and how to diversify their healing arts practice and embrace energy work as an alternative care path. It is her goal to help like-minded people move into an alternative career, so that they can increase their income while living a life that is in harmony with their spiritual path.

Notes



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Crystal Affirmations for Transformation
eBook

<https://loveandlighthealingschool.com/crystal-healing-certification-for-crystal-lovers/>

Bonnie Giller



The 3 Essential Ingredients to Breaking Free of Dieting and Emotional Eating to Get the Body You Love

If you have ever dieted or struggled with body issues, you'll find hope in Bonnie's philosophy. Listen for her keys to success:

- *A mindset shift must happen before anything can change*
- *The power of self-care to make success possible*
- *Why we should take time to know ourselves, and know fully what we're experiencing and feeling*

- DietFreeRadiantMe.com -

Bonnie R. Giller is the owner and founder of DietFreeRadiantMe.com. She helps chronic dieters and emotional eaters struggling to lose weight break free of the pain of dieting and get the healthy body they love. She does this by creating a tailored solution that combines three essential ingredients: a healthy mindset, caring support and nutrition education.

Using her signature Freedom to Eat Forever™ System, Bonnie helps her clients support and honor their mind and body. The result is they lose weight, keep it off without dieting and live a healthy life of guilt-free eating.

Notes

FREE
GIFT

3 Illusions that Stop You From Losing Weight
eBook

<http://dietfreeradiantme.com/3illusions>

Brad Yates

Tapping into Your Best Self

Learn how Brad Yates helps people master their emotions, and overcome fear and stress to improve their lives. I love Brad's message: "The moment you start doing self-care, the moment you start making these changes, is the moment you start succeeding!"
Listen to learn:

- Why it is so important that we share our gifts and talents
- Why emotional health requires daily maintenance, just like flossing
- How to clear your fear of criticism in a mini-session with Brad

- BradYates.net -

Brad Yates is known internationally for his creative and often humorous use of Emotional Freedom Techniques (EFT). Brad is the author of the best-selling children's book *The Wizard's Wish*, the co-author of the best-seller *Freedom at Your Fingertips*, and a featured expert in the film *The Tapping Solution*. He has also been a presenter at a number of events, including Jack Canfield's Breakthrough to Success, has done teleseminars with *The Secret* stars Bob Doyle and Dr. Joe Vitale, and has been heard internationally on a number of internet radio talk shows. Brad also has well over 600 videos on YouTube, that have been viewed over 13 million times, and is a contributing expert on the Huffington Post.

Notes



Free
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Tapping into Abundance
Teleseminar

<http://www.bradyates.net/laurus/bonus.html>

Caitlin Pyle

Mastering Your Mindset

Caitlin shares how to go from feeling undervalued, replaceable and dependent on a job to feeling in control of your own life, your own choices and location. Her insights include:

- *The mindset shift that determines what is possible for you*
- *The fundamental importance of continuing to learn*
- *Watch out for “Imposter Syndrome”*
- *Know that feeling in your element is you in your genius zone - it has great value even if it comes naturally to you*



Caitlin Pyle is a 29-year-old entrepreneur, author, former personal trainer, and recovering corporate zombie. She owns and operates the blog ProofreadAnywhere.com and teaches the online course Transcript Proofreading: Theory and Practice™. She and her husband Ben love to travel and just finished up a year-long travel adventure through South America.

- [TheWorkAnywhereLife.com](https://www.theworkanywherelife.com) -

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The Mindset Mastery Guide
eBook

<https://proofreadanywhere.com/guide>

Dana Garrison

The Hidden Reasons Your Life Hits Roadblocks

Dana wants to help profoundly shift the deeply-seated habits and patterns that have been a part of us since childhood. Engaging in her mini-session can help:

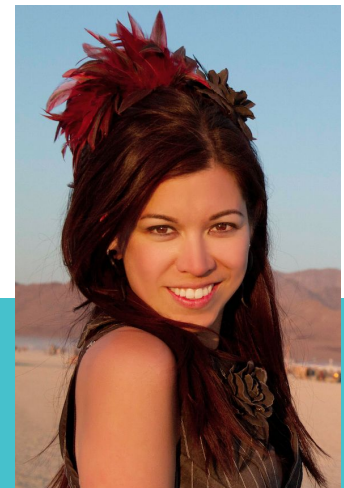
- *Uncover the root of your struggles*
- *Learn what staggering percentage of personal challenges result from unconscious habits and patterns*
- *Discover where to focus your attention and energy to achieve the breakthroughs you're looking for*

- [DanaGarrison.com](http://www.DanaGarrison.com) -

Dana Garrison is a Global Business Consultant with a background in Sociology and Psychology. Also the creator of Family Entanglement Work and Childhood Re-Imprinting Work, methodologies she used to help her build a sold-out coaching practice in 1 ½ months, break through six figures in nine months, and travel the world. She's the President of the Entrepreneur and Small Business Institute, and she has a Digital Marketing Agency where she provides consulting to brands on Live Video and Social Video strategy.

She's been featured on Huffington Post and Huffington Post Live as a live video influencer, and in Inc. magazine as one of the top 25 Snapchatters to follow.

Notes



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How to Get Unstuck and Finally Have What You Want
Online Crash Course, plus more!

<http://www.DanaGarrison.com/gift>

David Essel

The Myth of Positive Thinking

David's experience, enthusiasm and great stories make for an engaging interview full of powerful insight and multiple pearls of wisdom, including:

- *The not-so-pretty-truth about human nature: we desire maximum results from minimum effort*
- *Evaluate your life, look back and see how far you've come*
- *Life Mastery is Life Honesty: look in the mirror and declare what you are in this moment*

- DavidEssel.com -

David has helped thousands of people from around the world achieve their greatest goals in every area of life. From doubling and even tripling their income, to freedom from addictions, fear of public speaking, as well as helping couples recover from affairs and creating a deep personal connection with God or one's higher power. David is a renowned expert in the field of co-dependency, where he has helped thousands of people from around the world shatter the "largest addiction known to man." Over the past thirty years, there are no topics or circumstances David has not encountered or helped people overcome. His mission is to inspire others to reach their own exceptional potential in their business and personal life.

Notes



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Eight Keys to Living a Successful Life
eBook Excerpt

<http://www.talkdavid.com>

Derrick Sweet

Elite Life Mastery Secrets

Derrick shares with us the steps he developed in the Cognitive Reflex Conditioning®, a life-changing coaching model, which melds spirituality and neuroscience to create lasting change. Discover:

- *How to bridge the gap between what we want and where we are*
- *The life-long conditioning we need to overcome to move forward in our life*
- *Specific steps to take so we can get clear about every part of our purpose*

- HealthyWealthyandWise.com -

Derrick Sweet is best known as a popular corporate keynote speaker and author of three highly celebrated books: *Healthy Wealthy and Wise*, *Get The Most Out Of Life*, and *You Don't Have To Die To Go To Heaven*. Derrick Sweet is also the Chairman and Founder of the Healthy Wealthy and Wise® Corporation, the parent company of the Certified Coaches Federation™. The Healthy Wealthy and Wise® Corporation is an international Training and Development company known worldwide for professional development courses and customized in-house programs.

Notes



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Life Mastery Course
Online Training

<http://tinyurl.com/gmvlb7v>

Dianne Collins



Make Your Mind Your Friend

As Dianne says, “Whatever you do in life, you have to deal with your mind. When you master your mind, you master your life. THIS is what they didn’t teach you in school.”

You can learn:

- What’s really keeping us from being truly free-thinkers
- How a business like UBER is actually a quantum thought
- Why we need to QuantumThink our way into knowing and living our true purpose

- DianneCollins.com -

Dianne Collins has been graced with an extraordinary gift to show people the way to create a new relationship with their Infinite Mind and master their habits of thinking for living a highly accomplished, joyful life - attuned to quantum principles and spiritual laws. Dianne is an original thinker, media personality and the leading authority in “new world view” thinking. She the creator of the groundbreaking QuantumThink® system of thinking and author of the highly acclaimed, six-time award-winning bestseller, *Do You QuantumThink? New Thinking That Will Rock Your World* - considered a must-read for our changing times. Her work is as entertaining, as it is enlightening.

Notes

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Introduction to QuantumThink, Holistic & Holographic and Observer-created Reality

MP3 Audio, plus more!

<http://www.diannecollins.com/success-gift>

Dina Proctor

Transform Your Life in Nine Minutes a Day

Dina shares her story and practice with us along with powerful wisdom and insight around how we can create true and lasting happiness for ourselves.

- *You are NOT alone! Finding people who understand what you're going through is crucial.*
- *Even a few moments of meditation a day can profoundly change your life when practiced consistently.*
- *Listen to YOUR inner guidance MORE than you listen to anyone else!*



Dina Proctor is a life and business coach, and best-selling author of the book "Madly Chasing Peace: How I Went from Hell to Happy in Nine Minutes a Day." Supported by Jack Canfield, Dina's 3x3 Meditation method is helping thousands to transform their personal and professional lives all over the world.

- MadlyChasingPeace.com -

Notes

Free
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Deep Relaxation, Managing Overwhelm and Reducing Stress
Guided Audio Meditations

<http://dinaproctor.com/thankyoubonus>

Joyce Bone

90 Day Sprints To Crush The End of Your Year

Joyce offers clear, concise, no-frills, here's-how-you-do-it guidance, including:

- *What to ask everyone in your life that will exponentially increase your productivity and happiness*
- *How to master the single most important key to achieving your goals and dreams*
- *How to recognize your true path and purpose*

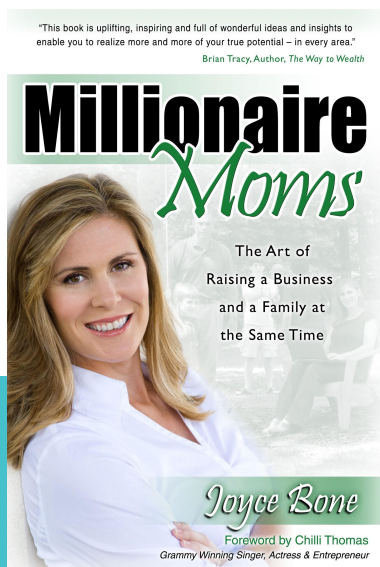
Joyce Bone, MBA is an accomplished entrepreneur and author of *Millionaire Moms-The Art of Raising a Business & a Family at The Same Time*. She is recognized for her business acumen and ability to develop others. Featured on CNBC's "The Squawk Box," and in Kiplinger, Money, Woman's Day, Forbes, Atlanta Business Chronicle, and CEO magazines she is who others turn to for sound business advice.

Joyce co-founded and led EarthCare, a non-hazardous liquid waste environmental company traded on NASDAQ (ECCO) ultimately achieving \$125 million annual revenues.

Since that time, she has successfully scaled a variety of businesses from start-up to millions including BLAMtastic, a retail consumer products goods company located in 25,000 stores and growing.

- JoyceBone.com -

Notes



90 Day Sprint
Online Report

Free GIFT

<http://www.joycebone.com/90-day-sprint/>

Julie Bond Genovese

Julie Bond Genovese is an inspirational speaker, creative living coach, blogger, artist, mom and best-selling author of her award-winning memoir, *Nothing Short of Joy*. Julie has been featured on TV & radio including Anderson Cooper Live, NBC LX & Oprah radio. Being born a dwarf, with degenerative arthritis, was not the poison Julie originally believed - it became the cure. After desperate years of humiliation & shame, medical studies & operations (including two brain surgeries,) Julie realized that the biggest things standing in her way was her own belief systems (BS.) As she began to view her challenges as sacred choices made by the soul, everything shifted. Julie mentors spirit-led creatives on how to transform life's grief and energize ginormous joy.



Turning Pain into Purpose for Creative Souls

You may fall in love with her heart-felt passion as she profoundly yet succinctly sums up the power of our beliefs and focus. Listen for these gems:

- *How our challenges help us grow, evolve and become more of who we're meant to be*
- *Disputing beliefs that we are alone in our self-doubt and fear of being different*
- *Our soul speaks through creativity; expressing it can bring healing*

- NothingShortOfJoy.com -

Notes

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Release the Blocks So Creativity Rocks! A Spiritual Pep Rally for Breaking Up with Your BS (Belief System,) Ditching Polly-Perfectionist & Energizing Ginormous Joy

eBook

<http://www.nothingshortofjoy.com>

Dr. Kacie Crisp



Unblocking Your Intuition and Putting it to Work for You At the Speed of Light

Dr. Kacie focuses on relationships, money and wealth, and finding the Right Voice for You. Listen for these gems from Kacie:

- *Follow your own knowing - and acknowledge yourself every time you do!*
- *Discover where you might have suppressed your intuition*
- *Awesome way to help you make a decision!*

Dr. Kacie Crisp has been involved in facilitating others' lives and bodies for her entire working life. As a therapist with emotionally disturbed children, chiropractor in the US and Findhorn spiritual community, and now as a licensed facilitator of Access Consciousness, her great joy is to watch clients expand their lives.

She is the author of *The Little Black Book on Relationships* about her 28 year relationship with her husband, David Caddy. She and David have presented classes on relationships all over the world.

Notes

- TheLittleBlackBookOnRelationships.com -

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Having it all - Using the tools of consciousness to create and receive everything you've been looking for in life

Tutorial

kaciecrisp.audioacrobat.com/download/Having_it_all_in_Relationships_DrCrisp.mp3

Karen Luniu

Quantum Leaps with the QC2 Method

Karen shares her powerful QC2 Method to demolish any mindset blocks that get in the way of people's goals and dreams. The result? Quantum Leaps into Success and Infinite Possibilities!

- *How to get your subconscious mind to find solutions so you don't have to "figure it out"*
- *The "States of Being" necessary for attracting opportunity*
- *Experience Karen's lightning fast signature clearing process that can lead to lightning fast manifesting*

- www.TheLawofAttractionCenter.com -

Her podcast 'Law of Attraction Tips' has been in the Top 10 in Self-Help on iTunes since and has accumulated a whopping 20 million + downloads in that time. Karen has been able to achieve this by sharing her powerful QC2 Method that literally demolishes any mindset blocks that get in the way of people's goals and dreams. The result? Quantum Leaps into Success and Infinite Possibilities.

She's been featured in the Huffington Post, HuffPo Live, Global BC, The Financial Post and The Vancouver Sun and is a sought after speaker for business and women's groups.

Notes



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Law of Attraction & Mindset Tricks
Variety of resources

<https://onlinecoach.clickfunnels.com/squeeze-pagewunfrbx9>

Katrina Sawa



Love Yourself Successful & the Four Types of Love

Katrina is clear in her faith and commitment to helping others. She covers great information:

- *Why we must begin with self-care and self-love*
- *How to invest in the right structure and support for you to achieve your goals*
- *The importance of having faith, listening to intuition, and being in alignment to create your ideal life*

- KatrinaSawa.com -

The Jumpstart Your Biz Coach, Katrina Sawa, helps you put more LOVE in your life and MONEY in your business. She is the creator of the JumpStart Your Marketing® & Sales System, a dynamic, tell-it-like-it-is speaker and author of Love Yourself Successful. Katrina inspires entrepreneurs to implement online and offline relationship marketing and proven business-building systems to create a more profitable business doing what you love.

Notes

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Love Yourself Successful
3-Part Teleseries

<http://katrinasawa.com/lbhgift/>

Lorna Blake

How to Move Through Fear To Embrace Freedom

The wisdom Lorna shares is priceless. “Do the thing you fear, watch the fear disappear.”

Discover:

- How our challenges serve us on a higher level that we don't always recognize
- Why we must be willing to listen to our own heart and our own knowing when others discourage us or think we're crazy
- What happens when we ask for support from the Divine/Universe/God and are open to receiving it

- MPowerUrself.com -

Lorna Blake was born to teenage parents in rural Jamaica, and experienced poverty, strife and gun violence in the political warfare of the mid 70s to early 80s. She boarded a plane to Canada on her own as a teenager with no guarantee of a visa, eventually gaining citizenship. Lorna defied the odds, overcoming poverty to graduate from university with an honor's degree in social work while parenting two young children. Her passion for learning and helping people transform their lives has led her to work in 5 different countries over the past 11 years, where she's taught and inspired thousands globally. Lorna is a best-selling co-author of My Big Idea Book and The Gratitude Project: 365 Days Of Gratitude.



Notes

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Seven Words You Can Use to Motivate Yourself
Audio Download

<http://mpowerurself.com/success-strategy>

Michelle Alva

How To Empower Your Inner Healer

Michelle's peaceful, radiant energy shines through as she enlightens us on:

- *How the power of "Functional Spirituality" helps us literally be more open and connected*
- *The importance of Diaphragmatic Breathing to infuse us with life-force and energy*
- *The science behind her method that makes it so effective*

- MichelleAlva.com -

Michelle Alva, Creator of The Alva Method® of Vibrational Healing and Rapid Mindset Change is a woman on a mission to uplift our world and remind us of our essential nature, that we ARE love. She does this by integrating her over 20 year background as a Physical Therapist, Yoga Therapist, Energy Medicine Practitioner, Belly Dance Teacher, PSYCH-K® Facilitator and Sound Healer.

Michelle creates a sacred space where clients learn how to easily and effectively release and process old repressed physical and emotional stress held in the body. She intuitively guides us through a process that leaves us feeling lighter, connected, fully alive and aligned to our true, authentic essence!

Notes



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Empower Your Center and Ignite Your Soul's Joy
Audio Meditation
<http://www.michellealva.com>

Michael Strasner

Life on the Skinny Branches



YAs Michael says, “Don’t we owe it to ourselves to find out who we really are and who we really could be in life?” You will love learning from him:

- *Specific first steps to becoming your best, most authentic self*
- *How to develop personal power, freedom and confidence*
- *Your most important resource for moving forward in your life*

- MichaelStrasner.com -

Michael Strasner is a visionary and entrepreneur who loves to create extraordinary results both personally and professionally for his clients around the globe. His true passion is to make a significant difference in other people’s lives and to coach them into transforming how they see themselves and the world around them. Michael says “Life is a gift, a real privilege and ultimately way too short to settle for mediocrity weather it be in your relationships, career, health, or quality of life. Life is now!!!”

Notes

Michael's Work

Variety of free resources

<http://michaelstrasner.com/category/all/>

Nick Hansinger

Finding and Living Your Life Purpose

Nick helps us serve the world in that bigger way with the insight he shares here:

- *The importance of assessing your life*
- *How to discern between that helpful, true voice and the louder, critical one*
- *Why you need to follow what you already know inside*



Nick Hansinger, CEO of Source Movement, has been studying Peak Performance and the science of human transformation for over 20 years. He is a true believer that each and every human being has potential beyond measure and has made it his life’s mission to help people unlock the vast resources within. Through his workshops, retreats and intensive trainings, he has impacted the lives of thousands, teaching practical tools to help them harmonize their thoughts and actions with Universal Law so that they can Live in alignment with their true identity and fulfill their Life Purpose.

He has innovated a cutting edge technology called Electromagnetic Harmonization which permanently resolves negative and discordant thoughts and patterns. It allows his clients to heal physical, emotional and mental challenges, providing them with more energy, clarity, focus and intention. Nick is passionate about applying these tools specifically to business owners and entrepreneurs so that they can serve their communities and the world in a bigger way without burning out.

- NickHansinger.com -

Notes

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Four key steps to living your life fully aligned with your life purpose and soul mission

Video Training

<http://nickhansinger.com/purposeful-life>

Ronda Renée

Turn up your Intuition, Fulfillment and Results with Divine Navigation

Ronda radiates her genuine desire for everyone to live their purpose as she passionately shares practical wisdom and insight. Including:

- *How to stop lying to ourselves*
- *Practical ways to break through the four blocks to intuition*
- *The key to finding fulfillment*

Notes

Ronda Renée (previously Ronda Wada) has been called a modern day mystic with “x-ray vision for your soul.” Ronda is an international speaker, facilitator, three time best-selling author, Life Fulfillment and Spiritual Business Mentor and creator of Your Divine Navigation System®.

Her proprietary Divine Coordinates® process aligns you with your unique energetic soul signature allowing you to fully embrace who you are and live a life of deep meaning, purpose and satisfaction.

Through her one-of-a-kind Business in Your Soul® program, Ronda empowers entrepreneurs who are passionate and driven by what they are here to do to accelerate their purpose, their mission and their results by making sure they are running the business their soul wants them to so they can make the difference and the money they were meant to.

- DivineNavigation.com -



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***Fulfillment Formula
Video Training***

<http://www.divinenavigation.com/elmsummit>

Siobhan Costello

Siobhan Costello, business coach, author and founder of The Bestseller Academy. She helps you craft your book and your business model at the same time so that you start with the end in mind - not only a book that your clients will want to buy, but a bestselling business too!

- GreatBusinessResults.co.uk -



Finding Your Courage to be Different

She shares how she is able to have the greatest impact doing what she loves - helping others increase their ability to make a difference - and outlines the process for us. Her secrets include:

- *A simple, effective way to help you make a decision*
- *Ways you can get unstuck and into action*
- *Two key elements to success, without which we suffer unnecessarily*

Notes

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The Five Keys To Getting Your Book Published...Even Before It's Published!
Online Training

<http://www.thebestselleracademy.com/natalie-rose/>

Tamara Plant

Twisting Your Perspective

Tamara shares how she went from being a mean, angry and resentful person to an open, loving, and happy one - with a little help from Eminem. Including:

- *THE biggest - and scariest - step you have to take to become who you are meant to be*
- *How to get past shame and fully accept yourself*
- *How to celebrate what you love and stop bashing what you hate*

- [YouAreFierce.com](http://www.YouAreFierce.com) -

Tamara Plant has chronicled her journey through blogging and social media but long before that, she was a sports journalist who knew her life purpose was more than covering hockey and football. She shares her story of overcoming adversity in her book, *Forgiveness and Other Stupid Things*, and encourages others to make a difference in their own lives and in the lives of others. She once tweeted with S.E. Hinton while watching *The Outsiders*. It was as awesome as it sounds.

Notes



FREE
GIFT

Trading for Dharma
eBook Excerpt

<http://www.youarefierce.com/trading-for-dharma-preview/>

Tom Terwilliger

How To Take a Conscious Leap of Faith

Tom shares the tools necessary for taking massive leaps forward in life and business. In this dynamic, exciting and inspiring interview, Tom shares:

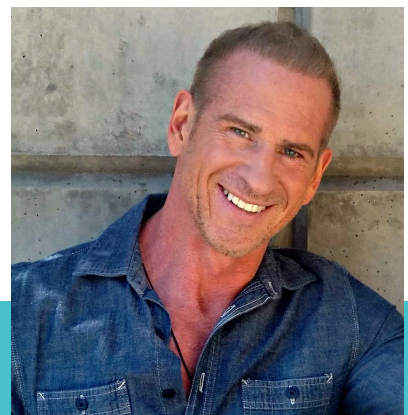
- How that little voice in his head saved his life
- All four steps of his “Experience the Leap” process
- How our own self-criticism limits what is possible for those around us

- MaxMindset.com -

Tom Terwilliger is equal parts athlete, entrepreneur and motivator. 5 years after pulling himself from the world of drug and alcohol abusing outlaw bikers Tom’s never give up attitude, determination and willingness to sweat earned him a National Body Building Championship and coveted Mr. America title and was the springboard to a successful 16 year career as a Fox Sports Net TV show host.

As a #1 bestselling author of 7 Rules of Achievement, and ‘Why S.M.A.R.T. Goals May Be Dumb’. Tom has taught thousands of individuals and organizations the empowering Leadership, Body Rapport and life success tools, rules and strategies needed to take massive leaps forward in their lives, businesses and careers.

Notes



Free
GIFT

Seven Rules of Achievement
Online Training

<http://7rulesofachievement.com/serious-goal-achievers/>

Vicki Lein



Overcoming Obstacles to Become the Author of Your Own Life

Vicki's message is so heartfelt and profoundly relevant to our current reality. You will learn:

- *The Radical Kindness Warrior Code*
- *Simple ways you can change the world every day*
- *Four questions and a mantra to create your most powerful self*

Award-winning educator, singer/songwriter, and international speaker. Vicki Hannah Lein, MS counseling, knows a lot about bravery because she knows a lot about cowardice. Born into a family suffering with alcoholism, mental illness, and violence, she learned early that the way to stay safe was to be extra, extra good. The price she paid for all that goodness was living in chronic anxiety. Though her mother and sister dropped out of high school, Vicki broke the pattern and got her Master's degree in Counseling. Although she is legally blind, she travels all over the world, presenting to audiences of all ages on five continents. Her humorous, musical, interactive presentations invite everyone to step up, lean in, make no excuse, and stay in the game of becoming a wild and free compassionate human on the planet.

- RadicalKindnessWarrior.com -

Notes

FREE GIFT

- Song about Courage: *Come to the Cliff* [Click Here To Listen](#)
- *Your Book of You: Four Questions and a Mantra from Your Angel Committee.* [Get Your Copy Here](#)
- 15-minute sample of Vicki's courage coaching program. Contact her at vicki@radicalkindnesswarrior.com.

Thank you!

Hopefully you have enjoyed these life-changing insights and inspirational stories. We want to give a special thank you to those who made this summit possible.

Our fantastic partners:

Alex Echols
Alison Armstrong
Ally Loprete
Allyson Chavez
Ann Webb
Ashe Woodward
Ashley Leavy
Bonnie Giller
Brad Yates
Caitlin Pyle

Dana Garrison
David Essel
Derrick Sweet
Dianne Collins
Dina Proctor
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Joyce Bone
Julie Bond Genovese
Karen Linew

Katrina Sawa
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